

ADHD & AUTISM

ASSESSMENT & TREATMENT SERVICES

Makewell is a private health and wellbeing clinic based in the beautiful calm setting at Bradwell Abbey, in Milton Keynes. We are able to assess for Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Condition (ASC) either as separate assessments, or in a combined assessment.

We understand that this can be a stressful time for you looking for an assessment or review. We will endeavour to make it as stress free as we can for you. **Our assessment and treatment service is open to all adults and children over the age of 5yrs.**

We have highly experienced specialists which include Paediatric Nurses, Mental Health Nurses, Advanced Clinical Practitioner and Nurse Prescriber, Social Worker, Clinical Psychologists, Consultant Psychiatrists.

Our team are all aware of the difficulties faced by families in accessing support, we want to be able to offer you accessible and affordable options to gain a faster assessment and support. Our CEO, Jane Lambert, has a daughter who has ADHD and fully understands the difficulties that children and their families face. We want to be the light at the end of your tunnel.

There are options for treatment, as well as possible medication, some may prefer whole systems complementary and integrative choices.

Proud to be supporting our local NHS with their waiting lists.



Plenty of free parking available on site, as well as disabled access



Unfortunately, at this time we do not offer payment plans (full payment will be required before your first appointment).

We also do not accept patients through the Right to Choose pathway at the minute. It is for this reason at the minute that we are able to keep our waiting lists relatively short to enable our service to be accessible for those who decide to go down the private route.

We often get asked if our assessments are accepted by the NHS or to help towards their child's EHCP for their education. There is no reason why it should be a problem, we follow the recommended NICE guidelines and our team are all highly experienced in this sector.

We regard ourselves as a Centre of Excellence and we also do support the NHS with their own waiting lists.

Our grounds are the perfect setting to relax and feel calm in, with stunning grounds to walk around to take regular breaks during the half day assessment.

We have a dedicated wellbeing space, away from our clinical rooms to make you feel more relaxed during your time with us and access to free refreshments.



ADHD ASSESSMENT PACKAGE:

COST - Child £1,295 Adult - £995

Our clinician will sit with you during this discussion time. With children we ask at least one parent attends. With adults it is helpful if an adult who knew them well as a child can attend (not essential). We will ask parents and school (where appropriate age) to complete a questionnaire to support the information gathering which helps to identify potential difficulties. Our specialists will also complete their own comprehensive assessment (usually approx. 2 -3hrs). They may be able to confirm a diagnosis (or not) by the end of that time, or they may require further information or time. If our team do diagnose ADHD we will give you a full explanation and advice. This may also include a prescription for medication, which we can dispense within our onsite pharmacy.

Your formal report can take up to 6 weeks post assessment. If you wanted to start medication before this point, then we can arrange a follow up appointment.

Adult ADHD assessments can be done online if you prefer not to come to our clinic in Milton Keynes.

AUTISM ASSESSMENT PACKAGE:

COST £2,000

We will ask parents and school (where appropriate age) to complete a questionnaire to support the information gathering which helps to identify potential difficulties (ahead of your assessment).

With children we ask at least one parent attends. With adults it is helpful if an adult who knew them well as a child can attend (not essential). Our specialists will also complete their own comprehensive assessment (usually approx. 3-4hrs and the assessments may be split over two face to face appointments and an online meeting.) For anyone travelling a long distance we will hope to have all face-to-face assessments booked for the same day for you.

All cases are reviewed by our multidisciplinary team which happens on a weekly basis and you can expect an outcome after that.

Your formal report can take up to 6 weeks post assessment,



COMBINED ADHD AND AUTISM ASSESSMENT PACKAGE:

COST £2,400

Many people are not sure what their child needs to be assessed for. If this is you then our combined package may suit your needs well. Often there are other conditions which co-exist with ADHD so it is not unusual to have a combined diagnosis. By combining similar information ahead of your consultation and at least half a day onsite in our clinic (sometimes split over two or three appointments) , our specialists will be able to offer a thorough assessment. Even if a diagnosis is not made, we are here to advise other options which may help.

The alternative approach can be to book a single assessment (for example ADHD), if our clinicians during that assessment feel that you (or you child) would benefit from a 'top up' assessment of ASC then we would feed that back to you. You would also then just be charged the difference between the price paid and the full 'combined' cost for the top up part.

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MEDICATION REVIEWS:

COST £250 (30 MIN ONLINE OR FACE TO FACE)

If we start you (or your child) on medication, we will need to monitor and review progress until you are deemed to be stable, this is often around 3 months. You are likely to need at least three reviews until that time. Each review has the cost of a private prescription included. Once stable we would contact your GP to ask for a Shared Care Agreement so they can take over providing your prescriptions on the NHS.

For children on medication, we will still need to have a 6 monthly review and for adults a 12 monthly review.

Any additional prescriptions between appointments are charged at £40 + cost of your medication



NEW PATIENT APPOINTMENTS*:

COST £375 (60 MINUTES)

If you have an existing diagnosis and looking to start (or review) medication, our specialists can meet with you to discuss your options and provide you with a private prescription. We would require a simple questionnaire completing and a copy of your existing diagnosis report ahead of your appointment. Further medication reviews will be required until you are stable and then we would look to ask your GP to take over your prescriptions via a shared care agreement.

**Patients with existing diagnosis*

ONGOING SUPPORT

Our team are building a programme of support for our patients to access if they want further help and advice after their diagnosis.



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wemakewell.co.uk